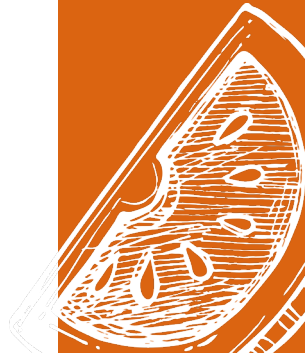




# KINDERGARTEN MENU

January - March 2024



## Menu Schedule

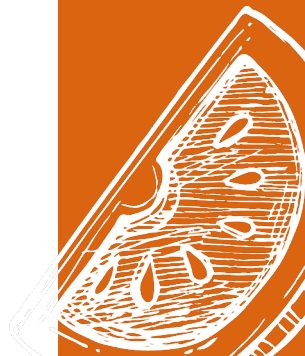
Menu Week 1	Menu Week 2	Menu Week 3
08/01/2024	15/01/2024	22/01/2024
29/01/2024	05/02/2024	19/02/2024
26/02/2024	04/03/2024	11/03/2024
18/03/2024	25/03/2024	

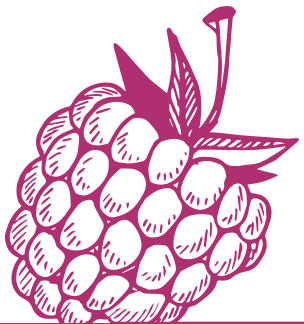
## Term Highlights

Month	Chef Demonstration	Supplier Showcase
January	Sushi	iPro Hydrate – Soft Drinks
February	Pasta	Rollover – Hot Dogs
March	Pizza Making	Mark Murphy – Fruit & Vegetables

## National Food Theme Days 2024

DATE	CELEBRATION
1 <sup>st</sup> – 31 <sup>st</sup> January	Veganuary
6 <sup>th</sup> January	National Shortbread Day
22 <sup>nd</sup> January	Chinese New Year
25 <sup>th</sup> January	Burns Night
4 <sup>th</sup> February	Yorkshire Pudding Day
9 <sup>th</sup> February	World Pizza Day
13 <sup>th</sup> February	Pancake Day / Shrove Tuesday
14 <sup>th</sup> February	Ash Wednesday
14 <sup>th</sup> February	Valentines Day
1 <sup>st</sup> March	St Davids Day
4 <sup>th</sup> – 10 <sup>th</sup> March	British Pie week
9 <sup>th</sup> March	International School Meals Day
17 <sup>th</sup> March	St Patrick's Day
17 <sup>th</sup> March	Red Nose Day
19 <sup>th</sup> March	Mothers Day
25 <sup>th</sup> March	International Waffle Day

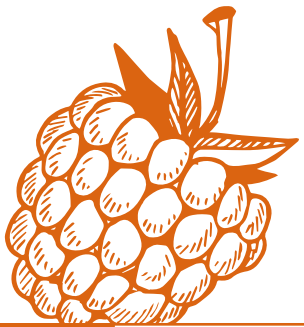




# WEEK 1 LUNCH



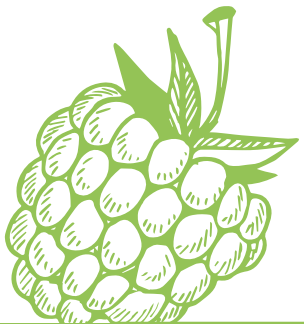
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta Bolognese	Mild Butter Chicken Curry	Creamy Chicken, Tomato & Mascarpone Pasta Bake	French Bread Pizza	Battered MSC Haddock/ Cod Fillet Fish Fingers
MEAT FREE MAIN MEAL	Quorn Mince Pasta Bolognese	Sweet Potato, Chickpea & Spinach Curry	Macaroni Cheese	Vegetable Calzone	Loaded Potato Boats
PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
ON THE SIDE (included with main meal)	Green Beans Steamed Carrots Bread Roll & Butter Salad Bar	50/50 Rice Tender stem Broccoli Chapati Raita Salad Bar	Garlic Bread Potato Waffle Sauté Seasonal Greens Roast Root Vegetables Salad Bar	Herb Diced Potatoes Corn on the Cob Chefs Vegetable Medley Salad Bar	Chunky Chips Baked Beans Petit Pois Lemon Wedges Curry Sauce Salad Bar
DESSERT	Strawberry & Cream Tart	Golden Syrup Sponge Cake with Custard	Chocolate & Raisin Cookie	Lemon Posset with Shortbread Crumb & Fruit Puree	Fruit Jelly & Ice Cream



# WEEK 2 LUNCH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Lasagne al forno	Cheese & Ham Panini	Breaded Chicken Breast with Tomato & Basil Sauce	Steak & Sausage Pie	Battered MSC Haddock/ Cod Fillet Fish Fingers
MEAT FREE MAIN MEAL	Vegetable Lasagne	Chinese Vegetable & Egg Stir Fry	Breaded Quorn Fillet with Tomato & Basil Sauce	Roasted Vegetable Pie	Loaded Potato Boats
PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
ON THE SIDE (included with main meal)	Garlic Bread Roasted Peppers Mixed Salad Crunchy Coleslaw Salad Bar	Vegetable Fried Rice Prawn Crackers Baby Corn Mangetout Salad Bar	Spaghetti Vegetable Medley Sautéed Courgettes Salad Bar	Mashed Potatoes Broccoli Steamed Carrots Gravy Salad Bar	Chunky Chips Baked Beans Petit Pois Lemon Wedges Curry Sauce Salad Bar
DESSERT	Apple Crumble with Custard	Fruity Flapjack	Blueberry Muffin	Caramel Flan	Fruit Jelly & Ice Cream



# WEEK 3 LUNCH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Meatballs in Tomato & Basil Sauce	Chefs Roast of the Week with Gravy	Crispy Chicken Burger	Toad in the Hole	Battered MSC Haddock Cod Fillet Fish Fingers
MEAT FREE MAIN MEAL	Plant Based Meatballs in Tomato & Basil Sauce	Cheese & Potato Pie	Veggie Burger	Veggie Sausage Toad in the Hole	Loaded Potato Boats
PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
ON THE SIDE (included with main meal)	Spaghetti Garlic Bread Broccoli Cauliflower Salad Bar	Yorkshire Pudding Roast Potatoes Roast parsnips Savoy Cabbage Salad Bar	Potato Wedges Corn on the Cob Asian Slaw Mixed Salad Salad Bar	Baby Potatoes Baked Beans Roast Carrots & Swede Salad Bar	Chunky Chips Baked Beans Petit Pois Lemon Wedges Curry Sauce Salad Bar
DESSERT	Hot Chocolate Sponge Cake with Cream	Mandarin Crème Brûlée Tart	Pancakes & Berries	Biscoff Cheesecake	Fresh Fruit Jelly & Ice Cream